



LIVERPOOL Leader

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Extra mum

WATTLE Grove has it's own "Super Nanny" in Karen Cartwright.

The mobile mum works for an organisation called Karitane that assists families with children up to three years old.

Ms Cartwright helps out by visiting homes, minding children, taking mothers out, connecting mothers to community facilities and providing friendship.

She also assists with housework and shopping so families can get through difficult periods.

Ms Cartwright started volunteering at Karitane a couple of years ago because she remembered how difficult it was when her children were little.

"In the area (I work), there are a lot of husbands in the army so families need extra help with the children," she said.

Ms Cartwright was nominated for a NRMA Motoring and Services Helping People award.