

Expression of Interest Form

Introductory Watch, Wait and Wonder™ Training

TBA
9:00 am – 4:30 pm
Karitane Conference & Function Centre
138-150 The Horsley Drive, Carramar
Registration fees (GST included): \$895
 \$100 manual (if required, refer to page 3 of brochure)
Morning/Afternoon Tea and Lunch Provided

PERSONAL DETAILS

Title: ___ Surname*: _____ Given name/s*: _____
Organisation*: _____ Profession*: _____
Mobile*: _____ Email*: _____
Mailing address*: _____ Postcode: _____
Special dietary requirements: _____

Please Send registration form by mail or fax to:

Karitane Education Secretary
Karitane
P O Box 241
Villawood NSW 2164
Ph +612 9794 2348
Fax +612 9794 2323

Introductory Training Watch, Wait and Wonder™ Intervention

A Dyadic Infant-led Approach to Problems
in Infancy and Early Childhood

3 day Introductory Training

Date: TBA

9:00 am - 4:30 pm
02 9794 2348

Due to high level of interest for the WWW™ Training, the course is now full and applications are closed. We hope to run WWW™ training again this year or early 2012. To be placed on our waiting lists please complete the Expression of Interest form at the back or please contact us.

We apologies for any inconvenience caused.

Enquiries contact Karitane Education 02 9794 2348





Watch, Wait and Wonder™ Intervention

This Intervention directly involves the infant in therapy. For half the session the parent is asked to get down on the floor with his/her infant, to observe the activities that their infant introduces, and to interact only when the infant indicates they want the parent to interact. During the second half of the session the parent is asked to talk about what they have observed about their infant's activity and their own experience during the session.

The primary idea is to place the parent in the position of becoming more knowing about their infant, eliciting their own unique way of relating and developing self reliance and confidence in their capacity to resolve difficulties in the relationship with their infant. The infant, too, can use play and activity to master difficulties in relation to the parent. Although some parents talk about their early relationships with their own parents, this is not necessary for the therapy to be effective. Adapted from the research summary March, 1999; Watch, Wait, and Wonder - Testing the Effectiveness of a New Approach to Mother-Infant Intervention.

This empirically tested approach is now applied to a range of infants and young children with relational, behavioural, regulatory and developmental difficulties.

It is recommended for clinicians who are working with infants, preschoolers and their families and who preferably (but not necessarily) have psychotherapy experience.

References:

- Pilot Study WWW Intervention: Muir E., Stupples A. and Guy D.
- Evaluations comparing WWW Intervention and Psychodynamic Parent-Infant Psychotherapy: Before, After and at 6 Months Cohen N., Lojkasek M., Muir E., Muir R. and Parker C.J.
- Manual describing the WWW Intervention: Muir E., Lojkasek M. and Cohen N. (1999)

Acknowledgments

Incredible Families Charitable Trust coordinates the Australasian Watch, Wait, and Wonder™ Intervention Training.
www.incrediblefamilies.com

Goals of the Training

- To provide participants with a basic theoretical and technical foundation in Watch, Wait, and Wonder™ Intervention.
- Discuss how to create the therapeutic space for WWW Intervention.
- To view film of WWW Intervention cases and with the training group be introduced to the process of observing, reflecting on the dyad's experience and their own experience.
- Discuss how to explore the particular difficulties in the process of following the infant/child's and dyad's lead.
- To address supervision needs for those participants who wish to incorporate the WWW Intervention into their practice fulfilling the recommended standards for independent practice (Lojkasek, Cohen and Muir; 1999).

**Participants will be asked to do some filming prior to the course.
Participants will need to purchase a Manual to support the training.**

Regular access to the Manual is required.

Facilitators

Dr Denise Guy

Dr Denise Guy is a Child and Adolescent Psychiatrist with specialty expertise in Infant Mental Health. She was involved with the Pilot Study of WWW Intervention (1986-7) and has continued clinical use of the intervention since then. She is currently supervising it's use in New Zealand and Australia.

Ms Seonaigh Stevens

Seonaigh Stevens is a Child Psychotherapist, and the Counselling and Therapy Services Manager for the Anglican Trust for Women and Children, Auckland. She has been using the WWW Intervention from 2002. For the last three years Seonaigh has been supervised by Elisabeth Muir.