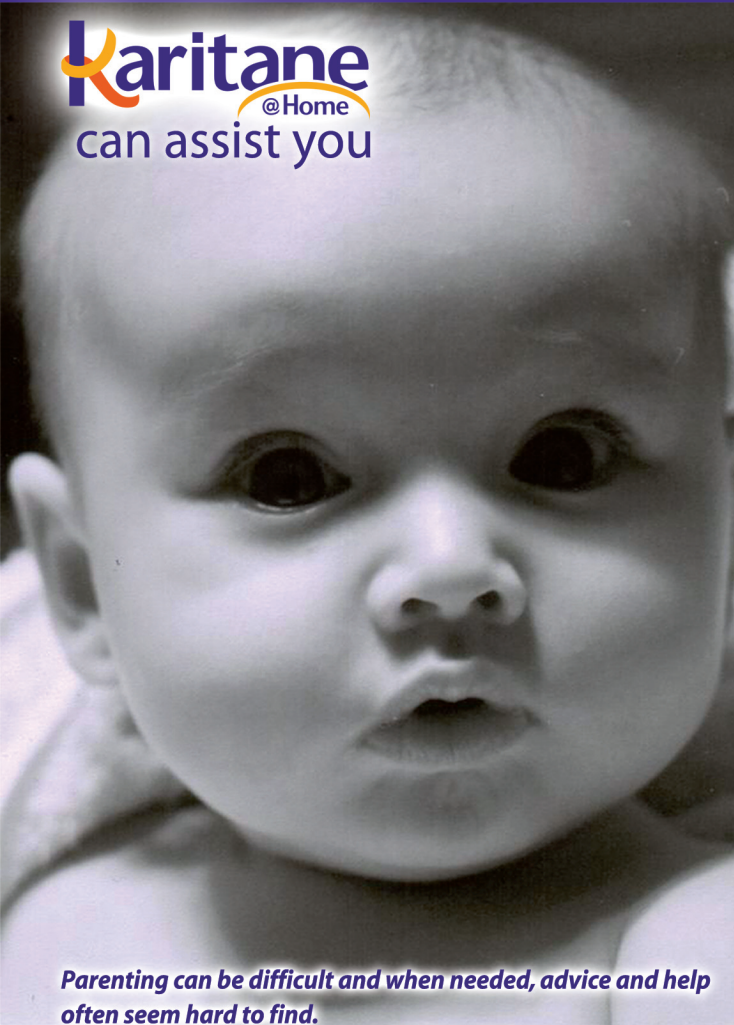


# Is there a new baby in the house?

**Karitane**  
@Home  
can assist you



*Parenting can be difficult and when needed, advice and help often seem hard to find.*

Karitane, a well known accredited Parenting Service, has been helping families with children 0-5years with parenting strategies since 1923. Karitane has now responded to parents request for a private home based service known as Karitane@Home.

Qualified nurses employed by Karitane come to your home and provide advice, care and support with parenting challenges, followed by a phone call one week after the visit.

Having issues with:

- ❖ Sleep or settling?
- ❖ Breastfeeding?
- ❖ Multiple births?
- ❖ Looking after your new baby?
- ❖ Introducing new foods?
- ❖ Toddler behaviour?

or

A unique gift for someone special - forever remembered.

**Service times:**

Monday to Friday  
8.00am-4.30pm  
(excludes public holidays)

**Gift Vouchers  
now available.**

**For further information and  
bookings please contact:  
Phone: (02) 9399 7147  
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*Service areas currently restricted.  
Service fees and conditions apply.*

**Karitane**  
leaders in parenting services since 1923  
[www.karitane.com.au](http://www.karitane.com.au)