

Attendance

The average treatment program is 6 to 10 weekly sessions for 1 hour. Regular attendance and practising the skills at home are necessary for you and your child to obtain the best results

SMS Reminders

SMS reminders are available if you wish

Cancellations

Please phone the Toddler Clinic if you are unable to keep your appointment. We will try to schedule a catch up appointment within the same week

Follow-Up

The clinicians working at the Toddler Clinic are available to provide ongoing support both during the program and after completion.



138 - 150 The Horsley Drive, Carramar NSW 2163
Entrance via Mitchell Street

Toddler Clinic Hours
8:00am - 4:30pm

Phone: 02 9794 2364
Fax: 02 9794 2323
Careline: 1300 227 464

Vision Statement:

"Our vision is for children to be safe, healthy and nurtured by confident families and communities"



Toddler Clinic

Information for Families
with Children
15 months - 4 years



The Toddler Clinic uses the Parent-Child Interaction Therapy model (PCIT)

PCIT was developed a number of years ago in the USA for young children who displayed behavioural difficulties such as aggression, tantrums and defiance

More recently PCIT has also been found to be useful for children who are withdrawn and shy or who have separation anxiety



PCIT is based on play, teaching parents specific skills in play to improve the parent-child relationship. PCIT seeks to increase positive behaviours and decrease negative behaviours

Being Referred to the Clinic

You will need a referral from a health professional such as a GP or Child and Family Health Nurse

Karitane Toddler Clinic will then phone you to get some information and arrange an appointment. We will mail a letter with confirmation of your appointment and a questionnaire to complete

The assessment takes about two hours. Your child/children will be free to play while we discuss your concerns. We welcome Dads and encourage them to attend



What to bring:

- A drink or snacks for your child
- Your child's blue book
- The questionnaire that was sent to you

We will ask your consent to videotape a 15-minute play interaction.

There is absolutely no pressure for parents to agree to be videotaped and it is not a condition for inclusion in the program



We will contact you following assessment to discuss starting the program or to suggest a more appropriate service